



HELLO

SAGANAKI

A dish cooked in a skillet, from the Greek for "little pan"





Green Olives



(Contains: Shellfish)





Feta Cheese (Contains: Milk)

3





Israeli Couscous Crushed (Contains: Wheat) Tomatoes

TOTAL: 30 MIN PREP: 5 MIN CALORIES: 610

START STRONG

No need to measure out the cooking water for the couscous you'll be cooking it like pasta here.

BUST OUT

- Medium pot
- Paper towel
- Large pan
- Strainer
- Olive oil (2 tsp | 4 tsp)



PREP

Wash and dry all produce. Bring a medium pot of salted water to a boil. Halve, peel, and thinly slice onion. Mince or grate garlic. Finely chop parsley. Thinly slice olives. Rinse shrimp, then pat dry with a paper towel.



COOK SHRIMP

Heat a drizzle of **olive oil** in a large pan over medium-high heat. Season **shrimp** with **salt** and **pepper**. Add to pan and cook, tossing, until pink and almost cooked through, 1-2 minutes. Remove from pan and set aside.



3 COOK COUSCOUS Once water is boiling, add couscous to pot. Cook, uncovered, until al dente, 10-11 minutes. Drain.

Ingredient 2-person | 4-person Yellow Onion 1 2 • Garlic 2 Cloves | 4 Cloves Parsley 1/4 oz 1/2 oz Green Olives 1 oz | 2 oz Shrimp 10 oz | 20 oz Israeli Couscous ³/₄ Cup | 1¹/₂ Cups • Chili Flakes 🛁 1tsp | 1tsp Crushed Tomatoes 1 Box | 2 Boxes Feta Cheese 1/2 Cup | 1 Cup

INGREDIENTS

- HELLO WINE -

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MAKE SAUCE

Heat another drizzle of **olive oil** in same pan over medium heat. Add **garlic**, **onion**, and a pinch of **chili flakes** (to taste). Cook, tossing, until garlic and onion are softened, 4-5 minutes. Stir in **tomatoes** and **olives** and bring to a simmer. Let cook until thick and saucy, about 5 minutes. Season with **salt** and **pepper**.



5 ADD SHRIMP Stir shrimp and half the parsley into sauce. Cook until shrimp are completely cooked through, 1-2 minutes. Season with salt, pepper, and more chili flakes, if desired.



6 PLATE AND SERVE Divide couscous between plates, then top with shrimp and sauce. Sprinkle with feta and remaining parsley, then serve.

- AMAZING!

Serve it Greek-style, straight from the skillet.